



GORDON LEE MIDDLE & HIGH SCHOOLS

FEBRUARY 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pizza Sticks w/ sauce or Chicken Salad w/ crackers Corn Cheese Puffs Dark Green Tossed Salad Cucumber Salad Choice of Fruit and Milk	Chicken Nuggets or Ham Whole Wheat Roll Turnip Greens Green Beans Mac & Cheese Choice of Fruit and Milk	Hot Dog w/ fries or Chili Cheese Fries Creamy Coleslaw Glazed Carrots Choice of Milk	Chicken Sandwich or Fish Sandwich Fries Lettuce & Tomato Baked Beans Cookie Choice of Fruit and Milk	Beef Tips w/ noodles or Steak Nuggets Pinto Beans Biscuit Okra Creamed Potatoes Steamed Cabbage Choice of Fruit and Milk
CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
8	9	10	11	12
Spaghetti or Pizza Corn Texas Toast Dark Green Tossed Salad Carrots & Dip Choice of Fruit and Milk	Chicken Nuggets or Teriyaki Meatballs Northern Beans Salad Green Peas Rice Oriental Stir Fry Roll Choice of Fruit and Milk	Chicken Tetrizzini w/ roll or Deli Sandwich Lettuce & Tomato Green Beans/ Broccoli Salad Sweet Potato Fries Choice of Fruit and Milk	Beefy Nacho or Corn Dog Lettuce & Tomato Tri Tater Baked Beans Pasta Salad Cookie Choice of Fruit and Milk	 WINTER BREAK
CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	
15	16	17	18	19
 WINTER BREAK	Corn Dog or Lasagna w/ roll Breaded Squash Salad Carrots w/ dip Green Peas Choice of Fruit and Milk	Hamburger or Tacos w/ cheese cup Ranch Beans Okra Pico de Gallo Green Salad Choice of Milk	Beef & Bean Burrito or Turkey & Gravy Roll Salsa Salad Steamed Carrots Green Beans Choice of Fruit and Milk	Chicken Bites w/ roll or Sub Sandwich Black Bean Salsa Broccoli Salad Tater Tots Choice of Fruit and Milk
	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
22	23	24	25	26
Beefy Mac or Pizza Corn Texas Toast Dark Green Tossed Salad Vegetable Medley Choice of Fruit and Milk	Chicken Tenders w/ roll or Burrito White Beans Brown Rice Glazed Carrots Choice of Fruit and Milk	Chicken Casserole w/ roll or BBQ Sandwich Breaded Squash Green Beans Salad Sweet Potato Fries Choice of Fruit and Milk	Meatloaf w/ cornbread or Chicken Sandwich Lettuce & Tomato Potatoes, Turnip Greens Squash Casserole, Pintos Choice of Fruit and Milk	Fish Sandwich or Hamburger French Fries Lettuce & Tomato Coleslaw Choice of Fruit and Milk
CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST

In the operation of the feeding program, no child will be discriminated against because of race, color, national origin, age, sex or handicap. If you believe you have been discriminated against write immediately to The Secretary of Agriculture, Washington, DC 20250

CYCLE 1 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Pancake on a Stick or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Steak Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Yogurt and Muffin or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Sausage Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk
CYCLE 2 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Egg & Cheese Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	French Toast with Sausage Link or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Yogurt and Muffin or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Pancakes w/ Sausage or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk